

SK ACADEMY

TABLE TENNIS

ANNUAL PROJECT REPORT

Financial Year 2025 – 26 | April 2025 to March 2026

Grassroots Development · High Performance · Holistic Athlete Growth



ACADEMY

TABLE TENNIS
LIKE NEVER BEFORE

Shaping Champions. Building Character.



Our focus is not just on producing champions, but on building a sustainable sports ecosystem, where young athletes, coaches, and communities grow together through structured support.”

– Achanta Sharath Kamal



Who We Are

Organisation Overview & Mission

ABOUT SK ACADEMY

Founded in the 1980s by Shri A. Srinivas Rao (Dronacharya Awardee) and Shri Muralidhar Rao, SK Academy has built a strong legacy of developing athletes who have represented India at national and international levels. The academy offers a structured pathway with age-appropriate programs ranging from grassroots to elite training. With a well-designed curriculum, expert coaching, and continuous performance monitoring, it ensures systematic player development. As a key feeder into district, state, and national circuits, and now led by Sharath Kamal and Rajath Kamal, SK Academy remains at the forefront of high-performance table tennis in India.

The Academy operates with a dual mandate: to identify and develop grassroots talent across Tamil Nadu and to prepare elite athletes for national and international competition.

Based at the Tamil Nadu Table Tennis High Performance Centre, Chennai.

ACADEMY

SK Academy – Table Tennis

MENTOR

Achanta Sharath Kamal (5x Olympian)

BASE

Jawaharlal Nehru Stadium, Chennai

FOCUS

Grassroots Talent & Elite High Performance

REPORT PERIOD

April 2025 – March 2026

Annual Snapshot at a Glance

2025–26 Season Highlights

15+

International
Representations

3

Individual Podium
Finishes

15+

Grassroot Level
Players

₹50K

Prize Won at Dream
Sports Championship

5+

Major Tournaments
Participated

6

Mental Conditioning
Programme Pillars

4

SC&C Programme
Pillars

Schools

SDAT Network
Grassroots Engaged

Competition Highlights 2025–26

Five Major National and International Events, along with numerous other tournaments

5th National Ranking Tournament 2025

Dec 6–13, 2025

Ranchi

RESULT / ROLE

3 Podiums:
Yashni – SF | Ashay U15 RU
Ashwajith U13 RU

Dream Sports Championship TT 2026

Jan 31–Feb 5, 2026

TNPESU, Chennai

RESULT / ROLE

Akash Rajavelu
U-15 Boys 1st Runner Up
₹50,000 Prize

TNTTA State Championship 2026

Jan 24–25, 2026

Chennai

RESULT / ROLE

4 Winners; 3 Runner Ups;
3 Semi Finalist; 8 Quarterfinalist

SDAT Open School Talent ID Tournament

Q4 2025-26

Chennai

RESULT / ROLE

Grassroots Scouting
School Network Engaged
Pathways Created

87th Senior National Championships – Indore

Mar 21–22, 2026

Indore, M.P.

RESULT / ROLE

Multi-category
Participation
High-Pressure Experience

ALONG WITH MULTIPLE OTHER TOURNAMENTS AND PODIUM FINISHES

Success Story: Akash Rajavelu

Case Study | U-15 Boys 1st Runner Up | Dream Sports Championship TT 2026

ACHIEVEMENT



Prize Money: ₹50,000

Dream Sports Championship TT 2026
TNPESU, Chennai

Akash Rajavelu's journey at SK Academy exemplifies the impact of structured, high-quality coaching. Competing in India's most competitive U-15 platform — TTFI-approved and mentored by Sharath Kamal — he battled through the league and super league stages to secure the First Runner-Up title and earn a direct pathway to Dream UTT Juniors U-15. Alongside this achievement, he also emerged as the Sub-Junior Nationals Doubles and Team Event Champion.

TOURNAMENT

Dream Sports Championship TT 2026

CATEGORY

Under-15 Boys

RESULT

1st Runner Up (Final)

PATHWAY EARNED

Dream UTT Juniors U-15

MENTORED BY

Achanta Sharath Kamal

5th National Ranking Tournament 2025 – Ranchi

December 6–13, 2025 | TTFI-Sanctioned | Multiple Age Groups & Senior

3 Women's Semifinalist



YASHNI

Advanced to the Women's Semifinals against nationally-ranked opponents on the national stage.

2 Under-15 Boys Runner Up



ASHAY BHUSHAN

Claimed Runner Up in the Under-15 Boys category — a top-2 finish in the country at this age group.

2 Under-13 Boys Runner Up



ASHWAJITH

Runner Up in the Under-13 Boys category, confirming his status as one of India's top young paddlers.

Grassroots Development: SDAT Talent ID Programme

Organised by SK Academy | Q4 2025-26 | Grassroots Development Initiative

In line with SK Academy's mission to build a sustainable sports ecosystem, we organised the SDAT Open School Talent Identification Tournament — a specially designed competition to discover promising young players from schools across Tamil Nadu.

Scouting


Evaluated players from schools across the SDAT network for table tennis aptitude and athletic potential

First Competition

Provided budding talents their very first structured competitive experience in a professional environment

Institutional Connections

Strengthened the Academy's grassroots pipeline by engaging schools and sports institutions across the region

 Venue: Tamil Nadu Table Tennis High Performance Centre — a world-class facility that inspired participants experiencing a professional training environment for the first time.



Mental Wellbeing & Performance Psychology

Holistic Athlete Development | Champion Mindset Training | Q4 2025-26

At SK Academy, a champion's mindset is as vital as technical skill. Athletes benefited from dedicated mental conditioning sessions — sharpening focus, building resilience, and developing the psychological tools to perform under pressure.

Pre-Competition Routines

Match-day mental preparation strategies and ritualised warm-up protocols

Focus & Concentration

Drills to stay in the point and manage distractions under competitive pressure

Visualisation Practice

Mental rehearsal of match scenarios and winning performances

Pressure Management

Tools to handle high-stakes match situations with composure and clarity



Physical Literacy: Physio & Strength & Conditioning

Injury Prevention | Peak Performance | Holistic Athletic Development

Our comprehensive Physiotherapy and SC&C programme ensured athletes were physically primed across an exceptionally busy Q4 tournament calendar.

PHYSIOTHERAPY SUPPORT

- Individualised injury prevention protocols for all competing athletes
- Pre/post-match recovery sessions integrated into tournament schedules
- Soft tissue therapy & mobility work in weekly training
- Management of minor injuries to maintain athlete availability throughout Q4

STRENGTH & CONDITIONING (SC&C)

- Periodised SC&C programme aligned with the Q4 tournament calendar
- Footwork agility, explosive movement & multi-directional speed drills
- Core stability & rotational strength work to support stroke production
- Athlete fitness benchmarking at Q1 with follow-up progress assessments



Looking Ahead: Q1 2026-27 & Strategic Priorities

Building on the Momentum of a Landmark Year

With lessons from all the major competitions, strong grassroots work through the SDAT talent identification programme, and a team growing in physical and mental strength — SK Academy enters 2026-27 with confidence and ambition.

01

Continued National Competition Campaign

Maintain and expand athlete participation across TTFI-ranked national tournaments in all age categories.

02

Expansion of Talent Identification Programme

Broaden the SDAT grassroots pipeline to more schools and districts across Tamil Nadu and beyond.

03

Intensified SC&C & Mental Conditioning

Deepen integration of physical and psychological coaching, with athlete-specific periodisation plans.

04

Community & School Outreach Initiatives

Strengthen relationships with schools, sports institutions, and community organisations to widen the talent base.

THANK YOU

Shaping Champions. Building Character.

SK Academy Table Tennis | Annual Report 2025–26

- 15+ International Representations | 15+ podium finishes
- Grassroots talent ID through SDAT school network
- Holistic mental & physical development programmes
- Strong foundation for 2026-27 season

